



## *Life Without Limits for People with Disabilities*

### Special Gifts This Holiday Season



Margaret Farman  
Executive Director

With all that the community has done for United Cerebral Palsy of the North Bay, we wanted to give something back to you this holiday season. When you donate to us, as so many of you have, you want to know that your gift is put to good use – supporting the children and adults with developmental disabilities in our communities.

Looking back at the past year, we moved into our new WineBev Services facility in Napa, Cypress School grew to 35 students in Petaluma, and our new secure document destruction business, Gone for Good, opened in Fairfield. Three counties – and three special programs, all are made possible by your generosity.

United Cerebral Palsy of the North Bay has three cornerstone services – education, employment, and recreation. Here are some very special moments from these services that I hope you find as inspiring as I do.

### *Play Without Limits*

Participating in her first Adaptive Expo Cycling and Ride, Prisma was so enthused by her success that she is saving up to buy her own cycle. Prisma is able to do this because she is employed at WineBev Services – earning a regular income. As an adult with cerebral palsy, she makes us proud of the support that we provide her as United Cerebral Palsy of the North Bay.



Prisma on Adaptive Bike



Pei-Lin and Morgan  
Kayaking at Tomales Bay

Pei-Lin and Morgan (Lucy & Ethel) manning their own kayak for the first time at Tomales Bay ("Right! No, left! No, right! I mean left!") had the best time together – lots of laughs, lots of experiences, and lots of exercise. Our recreation programs for children and adults are about quality of life – and nothing says that better than the kayak trips that we do with Environmental Traveling Companions. P.S. Pei-Lin and Morgan successfully navigated back to shore.

Prisma, Pei-Lin, and Morgan are so grateful for donations to United Cerebral Palsy of the North Bay. All funds raised support our Recreation Services throughout the year.

### Learn Without Limits

David, a 22 year old student at Cypress School, was our first student to graduate since we opened in August 2007. David is taking a resume with him that includes gardening at Diablo Valley Community Garden, janitorial and re-cycling at Roundtable Pizza, and assembly and sorting at Goodwill. He also attended Santa Rosa Junior College, taking adapted physical education classes with other students. Good luck David – we will miss you!

On behalf of the over 400 children and adults with developmental disabilities who receive services from UCPNB, thank you for sharing this holiday season.



David  
Cypress School Graduation  
June 29, 2010

I hope you enjoy our holiday letter this year and that you feel inspired during this season of giving. Please click below to visit our NEW website. Everything that you need to learn more about United Cerebral Palsy of the North Bay is just a click away. May this holiday season and the new year bring you peace, health, and prosperity – and more special gifts from United Cerebral Palsy of the North Bay. Thank you for sharing your gifts this holiday season.

Happy Holidays,

A handwritten signature in blue ink that reads "mab". The signature is written in a cursive, flowing style.

Margaret Farman

**UCPNB New Website**

## Our Mission

Enhance the quality of life of people with cerebral palsy and other disabilities, their families, and their communities.

## Our Vision

We believe that individuals with even the most challenging disabilities have the right to quality education and transition services; integrated employment opportunities with competitive wages and career opportunities; accessible recreation programs; and access to local affordable and safe housing.



## How You Can Help

- Join the \$1,000 Donor Club. For just \$2.75 a day you can help provide a Life Without Limits for children and adults with developmental disabilities.
- Donate directly to United Cerebral Palsy of the North Bay for all programs and services.

Help change a life, starting with your own...

**SUPPORT UCPNB**  
DONATE TODAY

